FACT SHEET



Questions For Your Doctor

It's all about asking the right questions when it comes to Pelvic Venous Congestion Syndrome.

If you think that you or someone you know may be experiencing Pelvic Venous Congestion Syndrome here are some questions that you might like to ask your doctor, which may help determine the right treatment options.

- I have a family history of varicose veins (or) I have varicose veins (or) I have had children. Could my pelvic pain be caused by Pelvic Venous Congestion Syndrome?
- I have some of the symptoms associated with Pelvic Venous Congestion Syndrome. Could this be the cause of my pelvic pain?

Note - Common symptoms of Pelvic Venous Congestion Syndrome include:-

- Dull achy abdominal / pelvic pain that is worse after long periods of standing which is worse at the end of the day.
- Pain is worse before or during your period
- Pain during or after intercourse
- Urinary or bowel symptoms
- Is this condition treatable?
- Could my pelvic pain be caused by an underlying medical condition that could be treated with medication?

For more information or to find a specialist who treats Pelvic Venous Congestion Syndrome visit www.venouspelvicpain.com.au

- What treatment options are available for me if I do have Pelvic Venous Congestion Syndrome?
- What type of treatment do you recommend for me right now? Why?
- How effective is the treatment?
- What are the advantages and disadvantages of treatment?
- If the treatment is not successful, what other options might you recommend?



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These details are provided as information for awareness to help you to understand the conditions better. Seeking advice from your specialist with a complete medical assessment and diagnosis will be necessary. Intervention for Pelvic Venous Congestion Syndrome should thus be reserved until after investigation of other pain conditions is performed.